

# ~ 2011 Tour of Fairbanks ~

## ~ Race Bible ~

Welcome to the 2011 Tour of Fairbanks! This year's race features some of the same great stages as in previous years, as well as some new stages on freshly-paved Chena Hot Springs Road.

Please be sure to read this Race Bible in its entirety. A quick summary of the race is found on this page. Full race rules are on pages 2-5, and full stage descriptions are on pages 5-10.

Updates and late-breaking news may be found on the race website at <http://tof.fairbankscycleclub.org/>  
If you have questions, you may contact race staff through the form on the website and we will do our best to get back to you promptly.

### Quick Reference Guide (see stage descriptions for full details)

Date	Activity	Location	Registration	Rider Meeting	Race Start
Through June 3	Online Pre-registration: <a href="http://tof.fairbankscycleclub.org/register.shtml">http://tof.fairbankscycleclub.org/register.shtml</a>				
Wednesday June 8	Optional rider packet pickup: for preregistered riders only.	Goldstream Sports on Sheep Creek Rd	-	6:00 pm	
Thursday June 9	<u>Stage 1:</u> Parks Highway Prologue TT (6 miles)	Ester Weigh Station	4:30-5:30 pm	5:45 pm	6:00 pm: 1 minute intervals
Friday June 10	<u>Stage 2:</u> Cleary Summit Road Race (32 miles)	Silver Gulch Roadhouse in Fox	10:30-11:00 am	11:45 am	12:00 pm 12:05 Women 12:10 Sport 12:15 Masters
Saturday June 11	<u>Stage 3:</u> Chena Hot Springs Road TT (30 km)	Pleasant Valley Ctr. 23 mile Chena Hot Springs Road	8:00-8:30 am	8:45 am	9:00 am: 1 minute intervals
Saturday June 11	<u>Stage 4: (Open/Expert only)</u> Chena Hot Springs Road Race (60 miles)	Pleasant Valley Ctr. 23 mile Chena Hot Springs Road	-	12:45 pm	1:00 pm
Sunday June 12	<u>Stage 5: (GC riders only)</u> Wickersham Dome Road Race (52/67 miles)	Silver Gulch Roadhouse in Fox	-	9:15 am Open 10:00 W/S/M	9:30 Open 10:15 Women 10:20 Sport 10:25 Masters

## 2011 TOF Race Rules

Riders need to read and understand all the race rules. It is the rider's responsibility to be familiar with the entire Race Bible. Violation of any of the race rules may result in a time penalty, relegation, or disqualification at the discretion of the race marshal.

### Yellow Line Rule

Riders are never permitted to cross the yellow line. Regardless of the circumstances, crossing of the yellow line is grounds for immediate disqualification. One infraction and you may be out of the race. This is a serious offense and will be treated as such.

### Courses

All courses are open to traffic, and all state traffic laws and regulations are in effect. Please be aware that your safety, and that of other racers, relies on obeying these rules. Race safely and follow all applicable traffic regulations.

Be aware that state law requires that riders in the lane ride no more than two abreast.

### Traffic

At times, the follow car may signal to the pack (with three taps of the horn). This signal indicates that traffic is trying to pass. When the follow car signals, all riders in the pack should move to the right as far as safely possible, to allow traffic to pass.

### Littering

No littering! Please put that empty gel packet back in your pocket.

### Race Classes

Riders may only ride in one race class for the duration of the tour. There is no class jumping permitted.

### Start Times

Start times are as advertised in the race bible or as posted at the race. The official race clock will be started one hour prior to race time and will be prominently placed near the race officials' table. Riders are responsible for making it to their race start on time. No restarts or time adjustments will be allowed to anyone missing their start.

### Neutral Zones

When a race has a turnaround (Stages 2, 3, 4, and 5), the turnaround is always a neutral zone. A neutral zone means that no rider shall attack or advance their position within these zones. There are no exceptions!

Some of the neutral zones are also feed zones, as noted in the stage descriptions. All feed zones are neutral zones. In the feed zones, be courteous and allow your fellow competitors to collect food and clothing in an orderly fashion. At the turnarounds, slow down, and look both ways to ensure your safety before making your turn.

## **Feed Zones**

Feed zones are noted in the stage descriptions. These are the only place riders may take food or water during a race. All feed zones are also neutral zones to allow riders to slow down for food and water. In a feed zone, riders may be handed food, drink, clothing, or other items by somebody standing on the side of the road. Accepting a hand-up from a vehicle is grounds for immediate disqualification.

## **Registration**

Pre-registration is available online (<http://tof.fairbankscycleclub.org/register.shtml>), and closes June 3<sup>rd</sup>. Please register early, as late registration options will be limited and expensive. Race day registration options and times are noted in each stage description.

The Open/Expert class is for GC riders only – for this class, you must register for all stages (i. e. you cannot register for just one or two stages).

Those riders who wish to compete in only a few stages may register for Stages 1, 2, or 3 in the Women, Sport, and Master classes. Stages 4 and 5 are not available for day riders.

## **General Classification (GC)**

General classification means that a rider is registered to ride all the stages in his or her class. In order to race each day a rider has to have completed all previous stages. A rider who does not complete a stage due to a mechanical issue or a crash may request a waiver from the race marshal.

GC riders must sign in before each stage.

Note that Stage 4 (Saturday afternoon) is only for the Open/expert class – there is no Stage 4 for Women, Sport, and Masters classes. The Sunday stage is only open to GC riders, in all classes (no one-day registration). Stages 1, 2, and 3 are open to day riders.

## **Disputes Committee**

If an incident occurs, the race marshal may, at his discretion, convene the captains from all the represented teams to discuss the solution. In all cases the race marshal's decision is final.

## **Race Officials**

All directives from the race officials must be obeyed. Failure to follow race official directives will be dealt with by the race marshal no later than the beginning of the next stage.

## **Follow Cars**

A follow car with a race marshal will follow the lead pack in each of the mass-start races. Spare wheels may be left in the follow car, however its primary responsibility is to safely follow the pack and assistance with mechanical issues will be minimal.

## **Timing**

All timing is done by electronic chip. Sport Alaska is our timing contractor and is responsible for all timing and results. There is a \$50 chip deposit, which will be returned when you turn in your chip at the end of the race. Chips need to be turned in after your last stage.

The chip must be securely attached to the front fork of the bicycle. Further directions for chip placement and use are in your race packet. Please read them thoroughly so that we can provide accurate timing for you.

## **Numbers**

Each GC rider will be given two jersey numbers and two frame numbers. For each stage your bike must have a frame number on the seat post or front triangle. Also, for each stage the rider must have a jersey number on his/her back, clearly visible, over their pocket area. Two extra numbers are provided in case of loss. Numbers must be attached in a manner that ensures that they are clearly visible.

Single stage riders or those only riding a few stages: your chip and number correspond to your info and are yours for the duration of the race. Keep your numbers and chip until after your last stage, then turn the chip in (and get your \$50 back!).

## **Equipment**

Helmets are required for all events. Helmets must be UCI or USCF approved. Bikes must meet the USCF regulations for minimum weight, wheel size, configuration, and number of brakes for each type of stage; i. e. no time trial bikes in road stages. No radios, music players (ipod, mp3, etc.), or ear pieces are allowed.

## **Awards**

The following awards will be presented following the completion of the race on Sunday: the top 3 in each class on GC, the KOM/QOM winners for Women and Open/Experts, and team GC for Women and Open/Experts.

## **King and Queen of the Mountain Competition**

There will be an award for the rider with the most KOM points in the Open/Expert and Women's classes. Points will be awarded in stages 1, 2, and 5 at the locations mentioned in the stage descriptions (four locations for Women and five for Open/Expert). Points will be awarded for the top five places as follows: 10, 7, 5, 3, and 1 point.

## **Sprint Competition**

This year, the sprint competition will not be for points. Instead, bonus seconds will be awarded for the top five places at designated sprint locations in the Open/Expert and Women's classes. Bonifications are applied to GC time and do not affect stage placing.

Sprint locations are mentioned in the individual stage descriptions. For intermediate sprints, bonifications will be awarded for the top five places as follows: 10, 7, 5, 3, and 1 seconds. The final sprints in the road stages (2, 4, and 5) are also designated sprint points. Final sprints are worth twice what intermediate sprints are, so bonifications for the top five places will be: 20, 14, 10, 6, and 2 seconds.

Riders are required to hold their line in the last 200 meters of any sprint. Irregular sprinting may be penalized by a time penalty, relegation, or disqualification at the discretion of the race marshal.

## **Team Competition**

There will be an award for the team with the lowest cumulative GC time for the Open/Expert and Women. Your team and team members must be registered as such prior to the race. For the team standings only the top 6 members of a team count. Once registered there is no moving from one team to the other. Teams must have matching jerseys and shorts for all mass-start events.

## **Weather**

Although Fairbanks generally enjoys good weather in June, this is not always the case. In 2010, we had several stages with severe cold, rainy weather. Be aware that the potential for hypothermia in such conditions is very real, and come prepared with plenty of clothes and food to face these conditions should they arise.

## **Stage Descriptions**

### **Pre- and post-race events:**

On Wednesday, June 8, early number and chip pick up will be held at Goldstream Sports at 6:00 pm. Local racers are encouraged to stop by to pick up their race packages. Race staff will be available to answer any questions.

On Sunday, June 12, there will be a buffet-style meal provided at the Silver Gulch Restaurant, beginning at 1:00 pm. Please plan to attend and socialize with your fellow racers! Awards will be presented once all results are available.

## **Stage 1: Thurs, June 9 Parks Hwy. Uphill Prologue (Individual Time Trial)**

**Start Area:** Ester, 5 miles west of Fairbanks on the Parks Highway.

**Registration:** 4:30 pm to 5:30 pm, open to both GC riders and day riders. Pre-registered riders will be able to pick up their race packets at this time.

**Rider Mtg.:** A mandatory rider meeting will be held at 5:45 pm near the registration table.

**Race Start:** Open division: 6:00 pm (riders will be started at 60 sec. intervals), followed by Women, Sport, and Masters in that order.

**Distance:** 6 miles, all divisions.

**Course:** The start is in Ester, with the finish about 6 miles out the Parks at the Monument turnout. From the start, a short climb and descent lead to a 4-mile long climb (5-6% grade), and the course then finishes with a mile of flats and a gentle downhill.

**Sprints:** There are no sprint bonifications for this stage.

**KOM:** KOM (King/Queen of the Mountains) points are available for the Open/Expert and Women. KOM points will be determined based on the split time for the long climb (Alder Creek to the summit), and not on the overall prologue time.

**Notes:** The start order will be based on last year's final standings with all other riders seeded randomly. There are no feed zones – no handups are permitted anywhere on the course.

**Parking:** Please do not park at the Ester Fire Dept. (officials and race crew only). Racer parking is available across the Parks Hwy. at the DOT weigh station and in Ester Community Park adjacent to the fire station.

**Facilities:** There is an outhouse at the Ester park, and Ester Fire Dept. will allow the use of their restrooms.

**Safety:** This is an open course. The finish area is along a busy highway. Racers and fans, please stay well off the roadway once you are done. Do not park on the Parks Hwy.

## **Stage 2: Friday, June 10 Cleary Summit Road Race**

**Start Area:** The Silver Gulch Brewery in Fox, 10 miles north of Fairbanks on the Steese Hwy.

**Registration:** 10:30 to 11:00 am, open to both GC riders and day riders

**Rider Mtg.:** A mandatory rider meeting will be held at 11:45 am near the registration table.

**Race Start:** Open field: 12:00 pm, Women: 12:05 pm, Sport: 12:10 pm, Masters: 12:15pm

**Distance:** Approximately 32 miles, all divisions

**Course:** Start on the Steese Highway just across from the weigh station. The course goes out to Chatanika over Cleary Summit, and back by the same route. There will be a turnaround near the Chatanika Lodge. The finish line is located in the vicinity of the start line. Total climbing on the course is about 2000 feet.

Racers are advised to use particular caution on the descent while returning from Cleary Summit. There is a high-speed tight turn about halfway down (racers will ride up through this turn on the way out). Please be careful on this turn!

**Sprints:** Sprint bonifications will be awarded for the finish. There are no intermediate sprints.

**KOM:** KOM points are available for Open/Expert and Women. KOM points will be awarded at the top of Cleary Summit, both on the way out and on the way back.

**Notes:** There are no feed zones on the course – no handups are permitted along the course.

**Parking:** Available at the Howling Dog and Silver Gulch Brewery. Try to park away from the buildings, saving spaces near the entrances for customers.

**Facilities:** The Silver Gulch Brewery restrooms will be available. Porta-potties will also be available. Please help keep them clean.

**Safety:** This is an open course. Racers and fans, please stay well off the roadway once you are done. Please do not park on the Steese, the Old Steese, or the Elliott Highways.

### **Stage 3: Sat, June 11 Chena Hot Springs Road Individual Time Trial**

- Start Area:** Pleasant Valley Store in Two Rivers, about 23 miles east of Fbks. on Chena Hot Springs Road
- Registration:** 8:00 to 8:30 am, open to both GC riders and day riders
- Rider Mtg.:** A mandatory rider meeting will be held at 8:45 am near the registration table.
- Race Start:** Open field: 9:00 am (60 sec. intervals), followed by Women, Sport, and Masters
- Distance:** Approximately 30.6 km (19 miles), all divisions
- Course:** From Two Rivers, the course goes out 15.3 km and back by the same route. This course is quite flat, with excellent pavement. The turnaround is located just short of the 33-mile marker. The finish line is located near the start line.
- Sprints:** There are no sprint bonifications for this stage.
- KOM:** There are no KOM points for this stage.
- Notes:** There are no feed zones on the course – no handups are permitted anywhere on the course. Start order will be based on GC, with the fastest riders going last. Day riders will start after GC riders in each class. Shoulders are very narrow on this road, so make every effort to stay as far right as possible.
- Parking:** Park in the grass field adjacent to the Pleasant Valley store. Try to park well away from the buildings.
- Facilities:** Porta-potties will be available. Please help keep them clean.
- Safety:** This is an open course. Racers and fans, please stay well off the roadway once you are done. Please do not park on the Hot Springs Road. The Hot Springs Road has no shoulders, so be particularly careful while riding.

## **Stage 4: Sat, June 11 Chena Hot Springs Road Race**

**Note: This stage is only for the Open/Expert field. There is no second stage on Saturday for Women, Sport, and Masters.**

**Start Area:** Pleasant Valley Store in Two Rivers, about 23 miles east of Fairbanks on Chena Hot Springs Road

**Registration:** Open only to Open/Expert GC riders

**Rider Mtg.:** A mandatory rider meeting will be held at 12:45 pm near the registration table.

**Race Start:** 1:00 p. m.

**Distance:** Approximately 60.6 miles

**Course:** From Two Rivers, the course goes out 30.3 miles to a turnaround, and then returns by the same route. This course is quite flat, with excellent pavement. The finish line will be located in the vicinity of the start line.

**Sprints:** There are five sprint locations for this stage. There are two intermediate sprints on the way out to the turnaround (located just past the 35-mile marker and a bit past the 47-mile marker), and two sprints on the way back, at the same places as on the way out. The turnaround is located after the 53-mile marker. Bonifications will also be awarded for the finish sprint.

**KOM:** There are no KOM points for this stage.

**Parking:** Available in the grass field adjacent to the Pleasant Valley Store. Try to park away from the buildings, saving spaces near the entrances for customers.

**Facilities:** Porta-potties will be available. Please help keep them clean.

**Notes:** Turnarounds are neutral zones. A feed zone will be located at the turnaround.

**Safety:** This is an open course. Racers and fans, please stay well off the roadway once you are done. Please do not park on the Hot Springs Road.

## **Stage 5: Sun, June 12 -- Globe Creek/Wickersham Dome Road Race**

**Start Area:** The Silver Gulch Brewery in Fox, 10 miles north of Fairbanks on the Steese.

**Registration:** Closed to day riders; GC riders only.

**Rider Mtg.:** A mandatory rider meeting will be held near the registration table, at 9:15 am for Open/Expert and 10:00 am for Women/Sport/Masters.

**Race Start:** Open/Expert: 9:30 am, Women: 10:15 am, Sport: 10:20 am, Masters: 10:25 am

**Distance:** Open/Expert: 67 miles, Women/Sport/Masters: 52 miles

**Course:** This epic stage starts on the Elliot Highway by the weigh station. The course goes out the Elliot Highway and up Wickersham Dome (summit at mile marker 28, actual mileage 26). Women, Sport, and Masters racers turn around here and return to Fox by the same route. The Open/Expert course continues down the north side of Wickersham Dome to a turnaround at the bottom of the hill, and then returns to Fox by the same route. The finish line will be located in the vicinity of the start line. The short course has over 5000 feet of climbing, and the long course tacks on another 1500 feet or so.

**Sprints:** There are two intermediate sprints for Open/Expert and Women, once on the way out and again on the return, at the same point on the flats near the Chatanika River. Sprint bonifications will also be awarded at the finish.

**KOM:** KOM points are available for the Open/Expert and Women. KOM points will be awarded at Wickersham Dome, both on the way out and on the way back. So that KOM competitors can sprint and still collect their feeds, the KOM line will be located just before the feed zone (about 100 meters short of the summit on the way out).

**Parking:** Available at the Howling Dog and Silver Gulch Brewery. Try to park away from the buildings, saving spaces near the entrances for customers.

**Facilities:** The Silver Gulch Brewery restrooms will be available. Porta-potties will also be available. Please help keep them clean.

**Notes:** Turnarounds are neutral zones. A feed zone will be located at the Wickersham Dome turnaround (the Open/Expert division will pass through this feed zone twice).

**Safety:** This is an open course. Racers and fans, please stay well off the roadway once you are done. Please do not park on the Steese, Old Steese, or Elliott Highways.