

2016 Tour of Fairbanks

Welcome to the 2016 Tour of Fairbanks! This year's race on **June 9, 10, 11 and 12** features all new stages from recent years.

ALL updates and late-breaking news will be posted on the race website at:

<http://tof.fairbankscycleclub.org/>

Questions? Contact race staff through the link on the website and we will do our best to get back to you promptly!

General information Race Rules Race Packages Stage Descriptions

Quick Reference Guide (see stage descriptions for full details)

Date	Activity	Location	Rider Meeting	Race Start
Wednesday June 8	<u>Optional</u> rider packet pickup for pre-registered riders. Please pick up your packet if at all possible!	Goldstream Sports on Sheep Creek Rd.	Packet pickup: 6:00 pm – 8:00 pm	n/a
Thursday June 9	<u>Stage 1: Fairbanks Memorial Hospital</u> UAF Prologue Time Trial	Geophysical Building on UAF campus	6:45 pm	7:00 pm: 1 minute intervals
Friday June 10	<u>Stage 2:</u> Sky Ridge Road Race	Dog Musers Hall on Farmers Loop	9:30am	10:00am: Open men Other classes follow – schedule will be determined once registration is complete.
Friday June 10	<u>Stage 3: Aurora Foot and Ankle</u> UAF Criterium	West Ridge Research Buildings	6:45pm for the first race. 15 minutes before each race thereafter	7:00pm: Schedule will be determined when registration is complete.
Saturday June 11	<u>Stage 4:</u> Globe Creek Road Race Sportif (all abilities welcome)	Steese Weigh Station in Fox	10:45am 11:30am	11:00am Open Men Other classes follow at 10 min. intervals

<p>Sunday June 12</p>	<p><u>Stage 5: Golden Heart Emergency Physicians</u> Kunkel Time Trial</p> <p>Sportif (all abilities welcome)</p>	<p>Ken Kunkel Community Center</p>	<p>9:30am Time Trial</p> <p>8:45am Sportif</p>	<p>10:00am Order determined after registration is complete.</p> <p>9:00am</p>
<p>Sunday June 12</p>	<p><u>Race Banquet / Award Presentation</u></p>	<p>Ken Kunkel</p>	<p>--</p>	<p>11:30am</p>

~ 2016 Tour of Fairbanks Information ~

REGISTRATION

Pre-registration is online at <http://tof.fairbankscycleclub.org/> until Tuesday, June 7 at 8PM.

ALL STAGES - Riders entering all stages are in the General Classification (GC). GC riders may choose from Open/Expert, Master (40+), Masters (55+), Sport, or Junior (15-18). Womens and mens divisions.

INDIVIDUAL STAGES - Riders wishing to compete in only a stage or two may register for the time trials (Stages 1,2,4, and 5) in the Sport, Master, or Junior classes. Womens and mens divisions.

TRIATHLETE TRAINING PACKAGE - designed for triathletes wanting more bike racing experience. A special discounted price includes Stage 1, Stage 5 and the Sportif on June 11. Race classes include Sport, Master, and Junior. Womens and mens divisions.

SPORTIF – Two sportifs are offered this year. Each is \$25 or both for \$40. Banquet tickets are included in the cost of the Sportif. The first will be on June 11 and will go from Silver Gulch to Wickersham Dome and back. The second will be on June 12 and will go from Kunkel Center to Cleary Summit and back.

All participants (in the Tour and in the Sportif) are invited to the post-race banquet at Ken Kunkel Community Center. Cost is included in the entry fee. Sportif riders who complete the full course will be entered into a special drawing for prizes from local businesses.

RACE CLASSES

There are 5 classes: Open/Expert, Master (40+), Masters (55+), Sport, and Junior (15-18). Each of these classes has a separate group for men and women. Women may register in one of the men's classes if they prefer. Riders may only ride in one race class for the duration of the tour. Class jumping is not permitted.

Classes may be combined at the discretion of the race marshal to ensure a peloton of reasonable size, with riders of comparable ability. Results will be compiled separately for the different classes. Criteriums can be combined but the start times of each class will be slightly different.

TIMING

Timing will be done by video at sprint points, King and Queen of the Mountain points, and at the finish line. Results and videos will be posted online in as timely a manner as possible.

WEATHER

Although Fairbanks generally enjoys good weather in June, this is not always the case. In 2010, we had several stages with severe cold, rainy weather. Be aware of the potential for hypothermia in such conditions, and come prepared with plenty of clothes and food. Except for extremely bad weather the races will continue.

BANQUET & AWARDS

Awards will be given in each class for both Men and Women. In addition KOM , QOM and sprint points will be calculated for Open/Expert classes for both Men and Women.

The Banquet will be on Sunday after the last rider finishes the time trial. Out of town riders will receive a care package to assist in the trip home.

SPECIAL CONSIDERATIONS

The winner of the Arctic Bicycle Club's annual Spring Stage Race for the Open Men and Women will be given free entry and will receive an allowance for their housing. The allowance will be equal to the cost of a single suite at UAF for their summer housing and will include Thursday night through Saturday night. Reimbursement will be done as a check.

In addition, the winner of the Spring Stage Race for the Masters Classes, for both Men and Women, will receive free entry.

~ Race Rules ~

Riders need to read and understand all the race rules. **It is the rider's responsibility to be familiar with the race rules.** Violation of any of the race rules may result in a time penalty, relegation, or disqualification at the discretion of the race marshal. The follow vehicles may have dashboard-mounted recording cameras to document infractions.

CENTERLINE (Yellow Line) RULE

Riders are never permitted to cross the road centerline. If a racers wheel touches the centerline at any point that is an infraction. One infraction and you may be out of the race. This is a serious offense and will be treated as such.

COURSES

All courses (unless noted in descriptions) are open to traffic, and all state traffic laws and regulations are in effect. Please be aware that your safety, and that of other racers, relies on obeying these rules. Race safely and follow all applicable traffic regulations. State law requires that:

- riders keep as far right as safely possible, and;
- riders in the lane ride no more than two abreast.

TRAFFIC

At times on open courses, the follow car may signal to the pack (with three taps of the horn). This signal indicates that traffic is trying to pass from behind. When the follow car signals, all riders in the pack should move to the right as far as safely possible, to allow traffic to pass.

LITTERING

No littering! Please put that empty gel packet back in your pocket.

START TIMES

Start times are as advertised in the race bible or as posted at the race. The official race clock will be started one hour prior to race time and will be prominently placed near the race officials' table. Riders are responsible for making it to their race start on time. No restarts or time adjustments will be allowed to anyone missing their start.

TURNAROUNDS

When a race has a turnaround (Stage 4), the turnaround is always a neutral zone. A neutral zone means that no rider shall attack or advance their position within these zones. There are no exceptions! At the turnarounds, slow down, and look both ways to ensure your safety before making your turn. At turnarounds, riders must yield to oncoming traffic. Race officials do not have authority to slow or stop public traffic at turnarounds or anywhere else on the course. Our race

courses are not closed courses. All Tour of Fairbanks courses are open to the public. Drivers expect normal access to roadways.

FEED ZONE

Feed zones are noted in the stage descriptions. These are the only place riders may collect food, drink, or clothing during a race. All feed zones are also neutral zones to allow riders to slow down for food and water. In a feed zone, riders may be handed food, drink, clothing, or other items by somebody standing on the side of the road. Accepting a hand-up from a vehicle is grounds for immediate disqualification. Accepting a hand-up outside of a feed zone may result in a time penalty. All feed zones are neutral zones (defined in the preceding paragraph). In the feed zones, be courteous and allow your fellow competitors to collect food and clothing in an orderly fashion.

GENERAL CLASSIFICATION (GC)

General classification means that a rider is registered to ride all the stages in his or her class. In order to race each day a rider has to have completed all previous stages. A rider who does not complete a stage due to a mechanical issue or a crash may request a waiver from the race marshal. GC riders must sign in before each stage.

DISPUTES COMMITTEE

If an incident involving a breach of these rules occurs, the race marshal may, at their discretion, convene the captains from any or all the represented teams to discuss the situation. In all cases the race marshal's decision is final.

RACE OFFICIALS

All directives from the race officials must be obeyed. Failure to follow race official directives will be dealt with by the race marshal no later than the beginning of the next stage.

FOLLOW CARS

A follow car with a race marshal will follow the lead pack in each of the mass-start races. Spare wheels may be left in the follow car, however its primary responsibility is to safely follow the pack and assistance with mechanical issues will be minimal. Follow cars for teams or individuals are not permitted.

NUMBERS

Each GC rider will be given two jersey numbers and two frame numbers. For each stage your bike must have a frame number on the seat post or front triangle, and the rider must have a jersey number

on his/her back over their pocket area. Two extra numbers are provided in case of loss. Numbers must be clearly visible.

EQUIPMENT

Helmets are required for all events. Helmets must be appropriately certified (ANSI, Snell, etc.). Bikes must meet USAC regulations for minimum weight, wheel size, configuration, and number of brakes for each type of stage; i.e., no time trial bikes in road stages. No radios, music players (ipod, mp3, etc.), or ear pieces are allowed. Headphones are not allowed anytime while on roadways; this includes warm-ups and warm-downs.

AWARDS

The following awards will be presented following the completion of the race on Sunday: the top 3 in each class in GC, the QOM/KOM winners for Open/Expert Women and Men, and team GC for Open/Expert Women and Men.

KING & QUEEN OF THE MOUNTAIN COMPETITION

There will be an award for the rider with the most KOM/QOM points in the Open/Expert Men's and Women's classes. Points will be awarded in stages 1, 2, and 4 at the locations mentioned in the stage descriptions (five locations for Open/Expert Men and four locations for Open/Expert Women). Points will be awarded for the top five places as follows: 10, 7, 5, 3, and 1 point.

SPRINT COMPETITION

Bonus seconds will be awarded for the top five places at designated sprint locations in the Open/Expert Men's and Women's classes. Bonifications are applied to GC time and do not affect stage placing.

Sprint locations are mentioned in the individual stage descriptions. For intermediate sprints, bonifications will be awarded for the top five places as follows: 10, 7, 5, 3, and 1 seconds. The final sprint on the stage 3 is also designated sprint point. Final sprints are worth twice what intermediate sprints are, so bonifications for the top five places will be: 20, 14, 10, 6, and 2 seconds.

Riders are required to hold their line in the last 200 meters of any sprint. Irregular sprinting may be penalized by a time penalty, relegation, or disqualification at the discretion of the race marshal.

TEAM COMPETITION

There will be an award for the team with the lowest cumulative GC time for the Open/Expert Men and Women. Your team and team members must be registered as such prior to the race. For the team standings only the top 4 members of a team count. Once registered there is no moving from one team to the other. Teams must have matching jerseys and shorts for all mass-start events.

TIMING

Timing will be done by digital and video timing. When available, at the Race Director's discretion, the video may be posted online

~ Race Packages ~

GENERAL CLASSIFICATION PACKAGE

General Classification (GC) Package will include all race stages. Racers entering this class will be timed on each stage and will receive an overall time at the end of the race. In addition each racer will receive a ticket to the banquet. Additional tickets can be purchased for \$10.

INDIVIDUAL STAGES

Individual stages may be entered at a cost of \$40 each. This option is only available on stages 1 and 5. These riders will start after the GC riders but within the flow of the race.

Stages 2 and 4 may be entered at a cost of \$40 each. This option allows the rider to start 15 minutes after the last GC class. This group will all be started together regardless of ability or gender.

TRIATHLON PACKAGE

The Triathlon Package includes Stages 1 and 5 as well as the Stage 4 Sportif to Wickersham Dome and back. All associated rules must be adhered to. These contestants will start after all GC riders and they will be timed as their own group. For the sportif they will be included in the mass sportif start and will ride under the sportif rules.

Cost for the Triathlon Package is \$85. That includes Stage 1 and 5 with reported times, the Sportif on Stage 4 to Wickersham Dome, and ticket to the Awards Banquet.

SPORTIF PACKAGE

We have two sportif options for this year. First is on Saturday, June 11 and will be from Silver Gulch to Wickersham Dome and back. The second ride will be from Kunkel Center to Cleary Summit and back. Both locations will have water and some snacks available. Support between the start and the turnaround is dependent on the rider.

Cost of the sportif is \$25 per ride or \$40 for both. Support at the start and halfway points and tickets to the Awards Banquet are included.

~ Stage Descriptions ~

Pre- and post-race events:

Pre-Race: On Wednesday, June 8th, early number pick up will be held at Goldstream Sports (711 Sheep Creek Rd) between 6:00pm and 8:00pm. Local racers are encouraged to stop by to pick up their race packages. Race staff will be available to answer any questions.



Map to Goldstream Sports

Post-Race: On Sunday, June 12, there will be an awards banquet at the Ken Kunkel Center (2750 Goldstream Rd). For map please see Stage 5 Map.

Stage: 1 Thurs, June 11 – SPONSORED BY FAIRBANKS MEMORIAL HOSPITAL - Sheep Creek Time Trial Prologue

Start Area: Geophysical Building on UAF campus

Registration: Online only. Pre-registered riders will be able to pick up their race packets at this time.

Rider Mtg.: A mandatory rider's meeting will be held at 6:45 pm near the race official's table.

Race Start: 7:00 p. m. Riders will be started at one-minute intervals. A start list will be posted by the Race Marshal.

Distance: 2.7 miles.

Course: Racers will take a left hand turn onto Yukon Drive and continue with a left on Kuskokwim Way, past the apartments and onto Tanana Drive which starts the KOM. At the top of the hill the KOM ends and the Sprint Point to the finish line begins. A right turn past the Museum of the North lines riders up for the finish.

Sprints: There is a sprint bonifications at the UAF roundabout for this stage.

KOM: KOM (King/Queen of the Mountains) points are available at the top of West Ridge Hill. The point will start once the rider is clear of the roundabout.

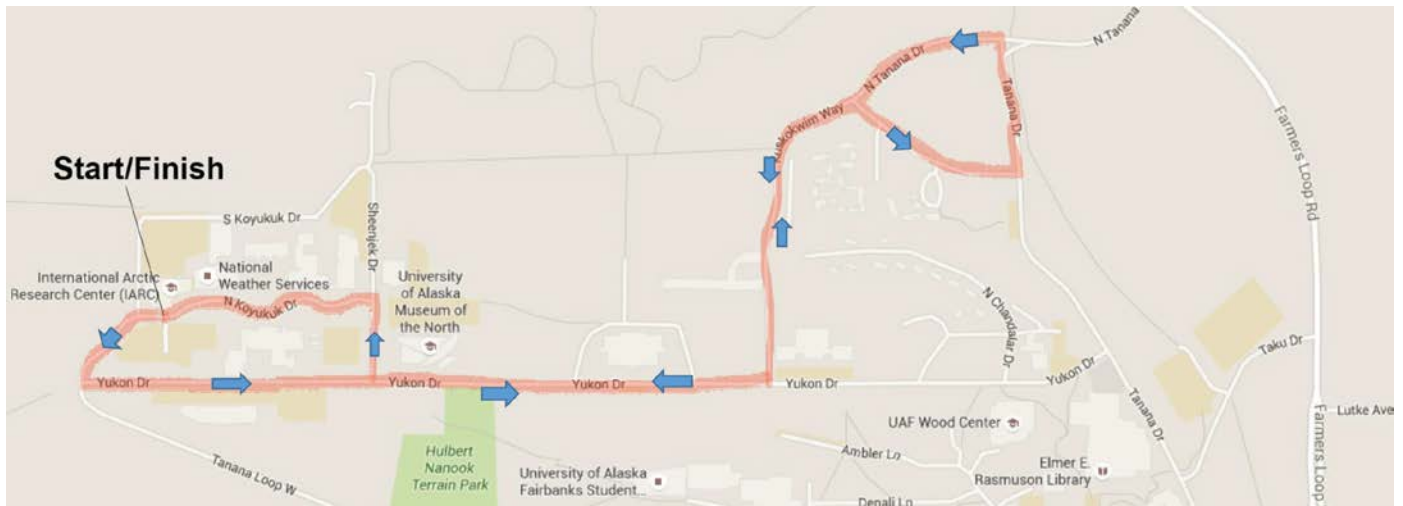
Notes: The start order will be based on last year's final standings with all other riders seeded at the Race marshal's discretion. There are no feed zones – no handups are permitted anywhere on the course.

Be very cautious coming down West Ridge to the sweeping right hand turn onto Yukon Dr; this is a tight corner.

Parking: There is limited parking available directly adjacent to the race start and that is reserved for race officials and volunteers. However the start is a short distance from the UAF campus which has ample parking. Best option is at the Lower Lot at the Patty Center.

Facilities: Porta-potties will be available. Please help keep them clean.

Safety: This is a closed course. Yellow line rule will still be observed. Cars will be allowed to access the roundabout to the lower campus but West Ridge Hill and the Research Complex will be closed to traffic.



Stage 1 Map

Stage 2: Friday, June 10 – Sky Ridge Road Race

Start Area: Dog Musher's Hall on Farmers Loop Road.

Registration: Online only. Riders must be preregistered.

Rider Mtg.: A mandatory rider's meeting will be held at 9:30 am near the race official's table.

Race Start: 10am for the Open Men. Other classes will start 15 minutes later.

Distance: 20 Miles

Course: Rolling hills to start with a steep hill on Ballaine. More rolling hills on Goldstream and Old Steese are followed by steep and consistent climbing on Sky Ridge to the finish.

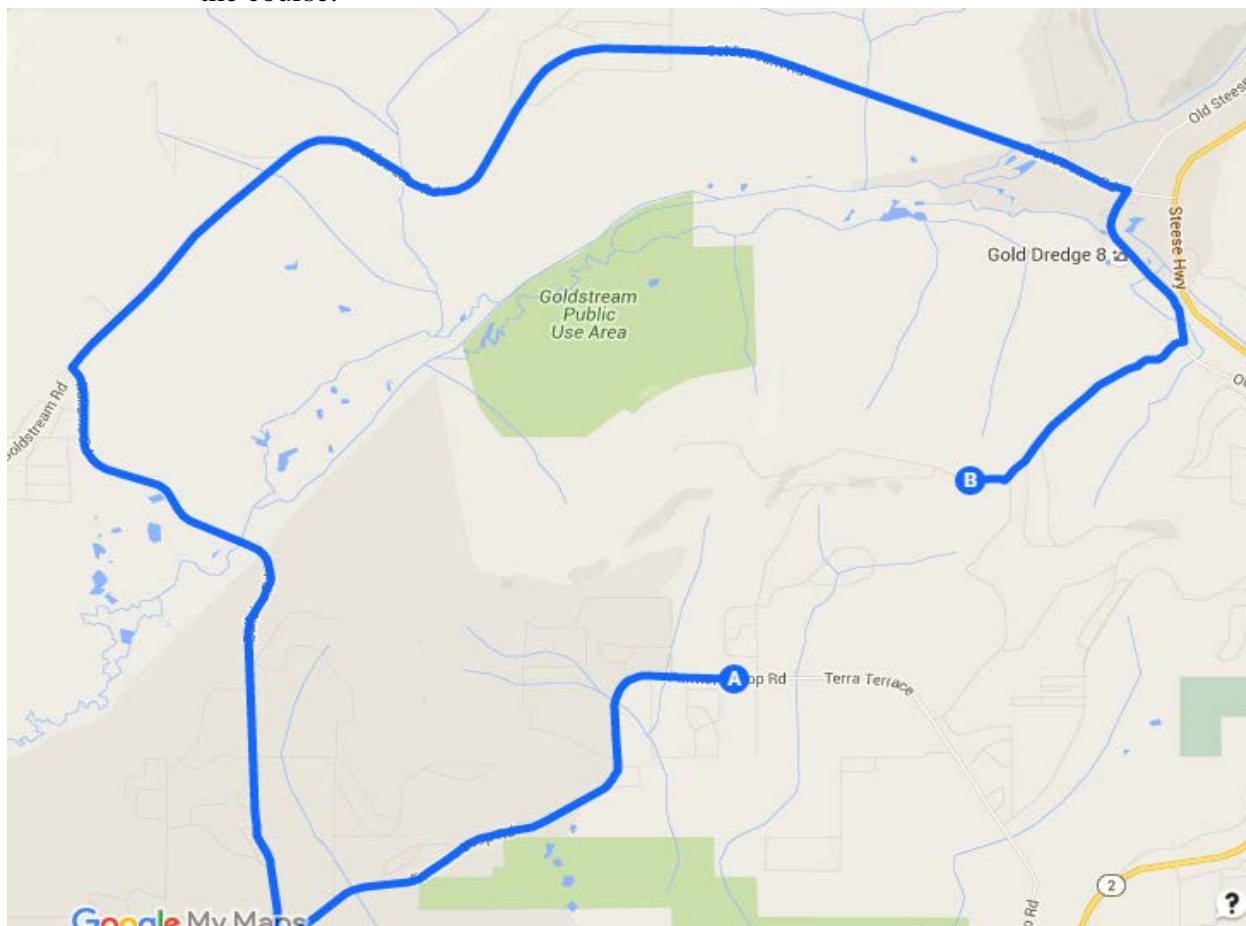
Sprints: There will be sprint points available where the pipeline crosses Goldstream .5 miles before the Old Steese turn.

KOM: There are KOM/QOM points available at the top of Ballaine and at the finish.

Facilities: Porta-potties will be available. Please help keep them clean.

Notes: Return route to the start is down Summit. USE CAUTION. VERY STEEP.

Safety: This is an open road and the rules of the road apply. Depending on the outcome of the Alaska DOT permit we will announce how the two stop signs will be treated on the course.



Stage 2 Map.

Stage 3: Friday, June 10 – SPONSORED BY AURORA FOOT AND ANKLE - UAF Geophysical Criterium

Start Area: Between the UAF Geophysical building and the UAF Museum.

Registration: Online only. Riders must be preregistered.

Rider Mtg.: A mandatory rider's meeting will be held at 6:30 for the first race. Mandatory meetings will be held 15 minutes before the respective races.

Race Start: 7:00pm for the first race. Start times will be announced the night before.

Distance: .7 miles and 30 feet of elevation gain per lap
45 minutes, plus two laps for Open/Expert Men;

30 minutes, plus two laps for all other classes;

Course: Mostly flat, the start/finish area is on a rise. Cornering skills required.

Sprints: There will be time bontifications awarded for sprints. Intermediate preme sprints (for prizes) will be announced during the race.

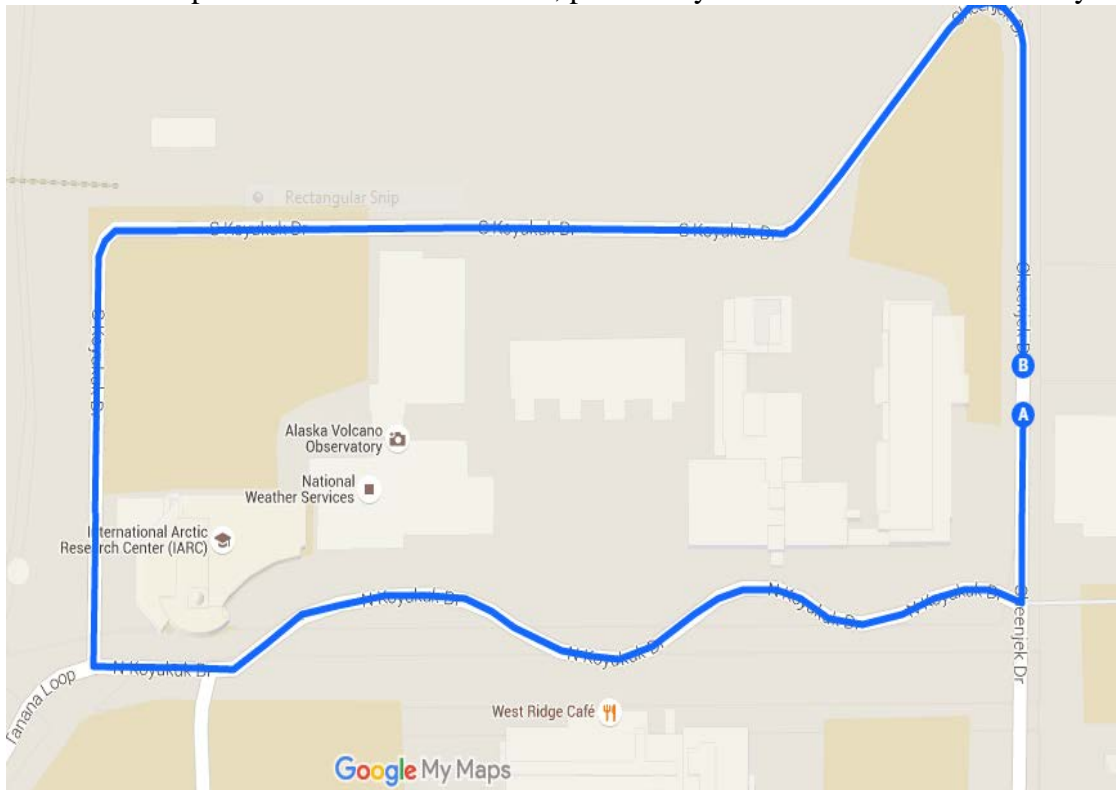
KOM: There are no KOM points for this stage.

Facilities: Porta-potties will be available. Please help keep them clean.

Notes: Pay careful attention to announcements made by the race announcer, who will announce intermediate sprints for prizes (premes), and when you are on your next-to-last and last laps.

All riders will finish on the same lap. Riders who are lapped will be penalized with having the average lap time added per time lapped (on their criterium and GC time).

Safety: This is a closed course, but racers need to be especially aware of other racers and pedestrians. Racers and fans, please stay well off the race track once you are done.



Stage 3 Map.

Stage 4: Saturday, June 11 – Globe Creek Road Race (and Sportif 1)

Start Area: Silver Gulch in Fox.

Registration: Online only. Riders must be pre-registered.

Rider Mtg.: A mandatory rider's meeting will be held near the registration table, at 10:45am.

Race Start: Open/Expert: 11:00am Other classes will start every 15 minutes. Classes may be combined at the discretion of the Race Marshal.

Distance: Open is 62 miles with 5500 feet of elevation. Other classes are 53 miles and 4200 feet.

Course: Racers will start from the Fox Weigh Station and head North on the Elliot Highway. Rolling hills and steady climbs throughout. Open Class will turn around at Globe Creek. All other classes will turn around at Wickersham Dome.

Sprints: There will be a sprint point on the flats before and after (on the way back) Haystack Mnt

KOM: KOM/QOM points will be available for Open Class on Wickersham Dome for BOTH directions.

Parking: Parking available at the Silver Gulch.

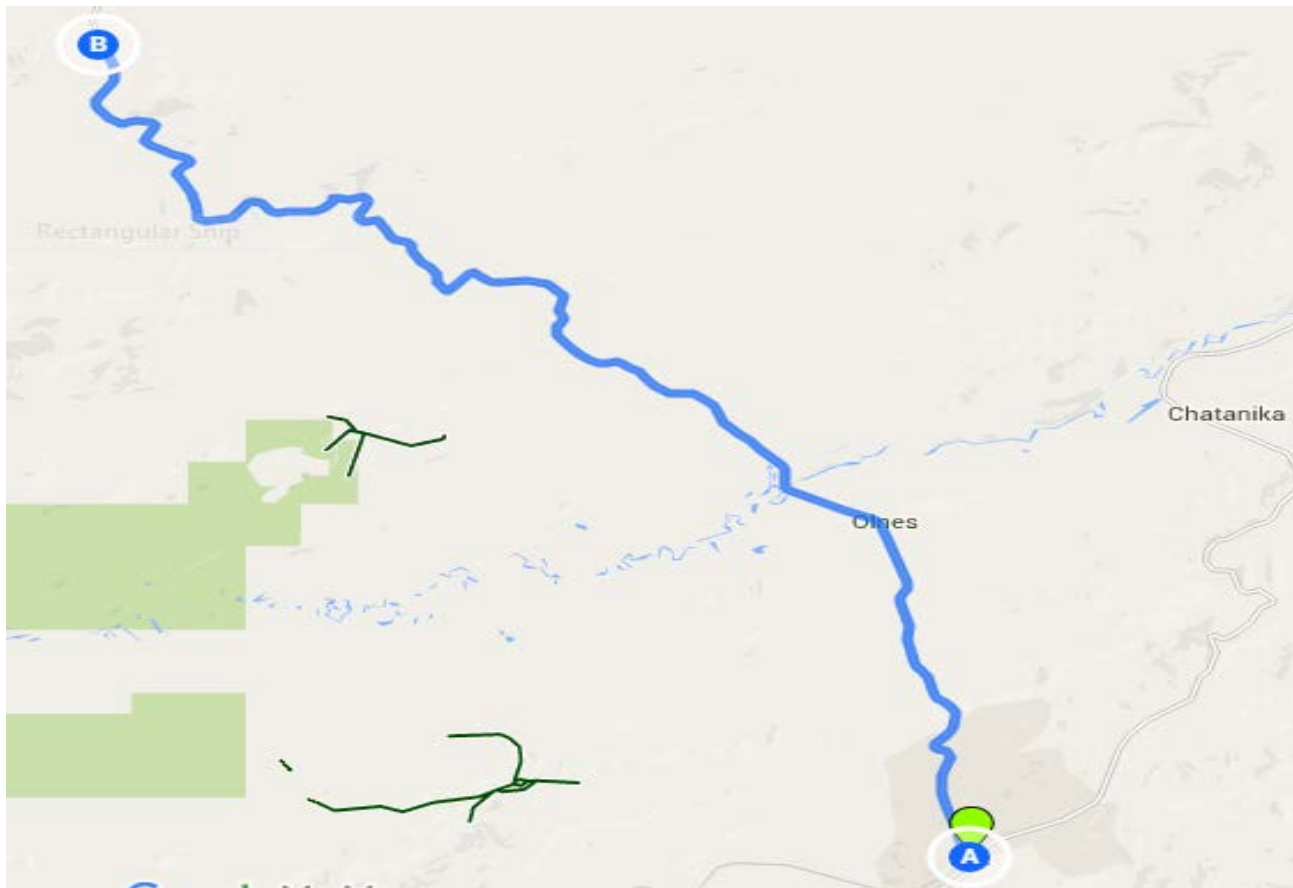
Facilities: Porta-potties will also be available. Please help keep them clean.

Notes: Turnarounds are neutral zones. Feed zone is at Wickersham Zone and is also a neutral zone.

Safety: This is an open course. Racers and fans, please stay well off the roadway once you are done. Do not park on the Steese nor Elliott Highways.

Alternate Course:

If the Elliot Highway is deemed unsafe we will still stage at Silver Gulch but the race will go Northeast on the Steese Highway.



Stage 4 Map and Saturday Sportif.

Stage 5: Sunday, June 12 – SPONSORED BY GOLDEN HEART EMERGENCY PHYSICIANS - Ken Kunkel Time Trial

Start Area: Kunkel Community Center on Goldstream Road

Registration: Online only. Riders must be pre-registered.

Rider Mtg.: A mandatory rider's meeting will be held at 9:30am near the race official's table.

Race Start: 10:00 AM. Riders will be started at one-minute intervals. A start list will be posted by the Race Marshal.

Distance: 20k for all classes with 520 feet of elevation gain.

Course: South on Goldstream toward UAF. Turn around at UAF Ski Trails and back to Kunkel Center

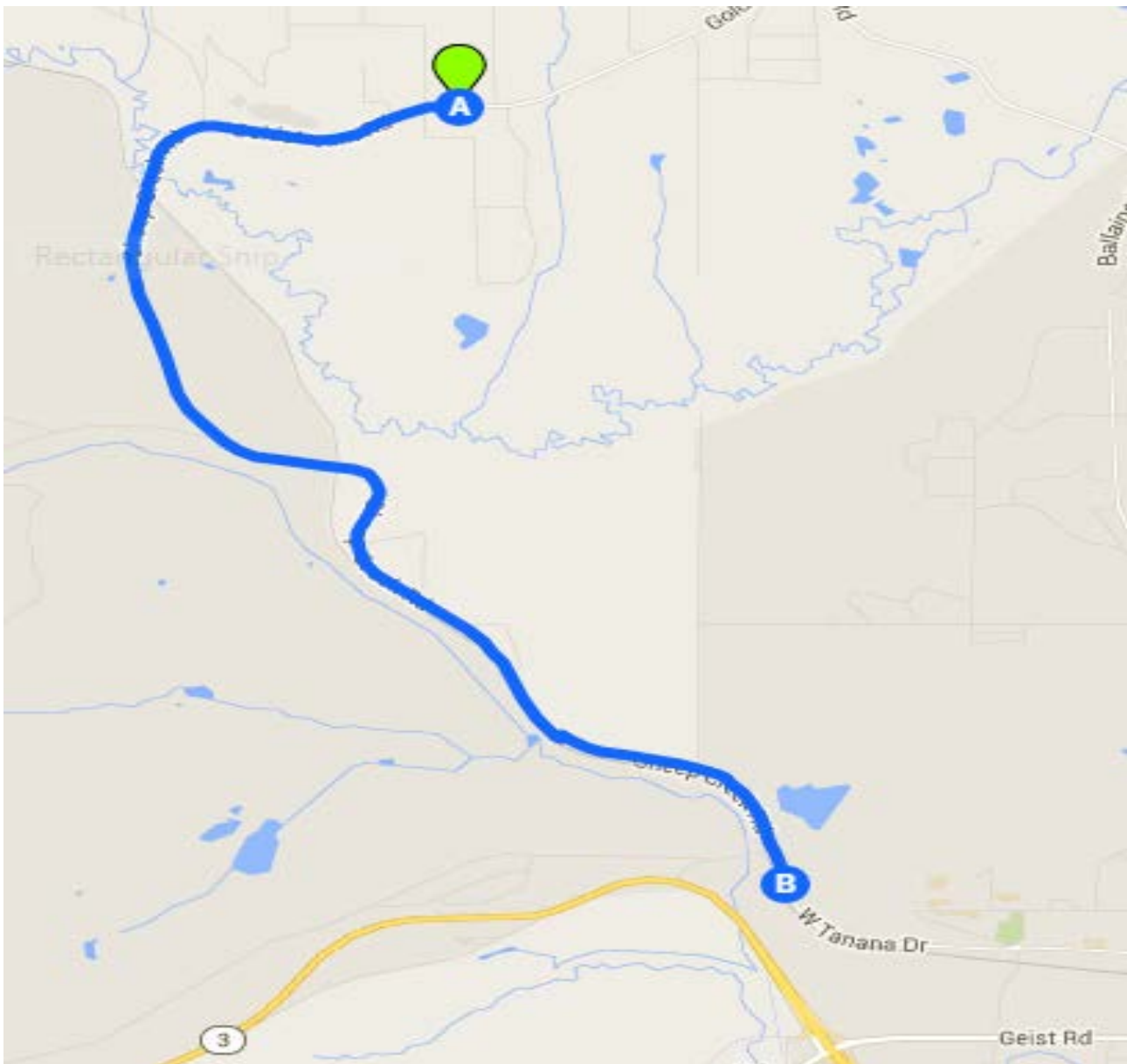
Sprints: There are no sprint bonifications for this stage.

KOM: There are no KOM points for this stage.

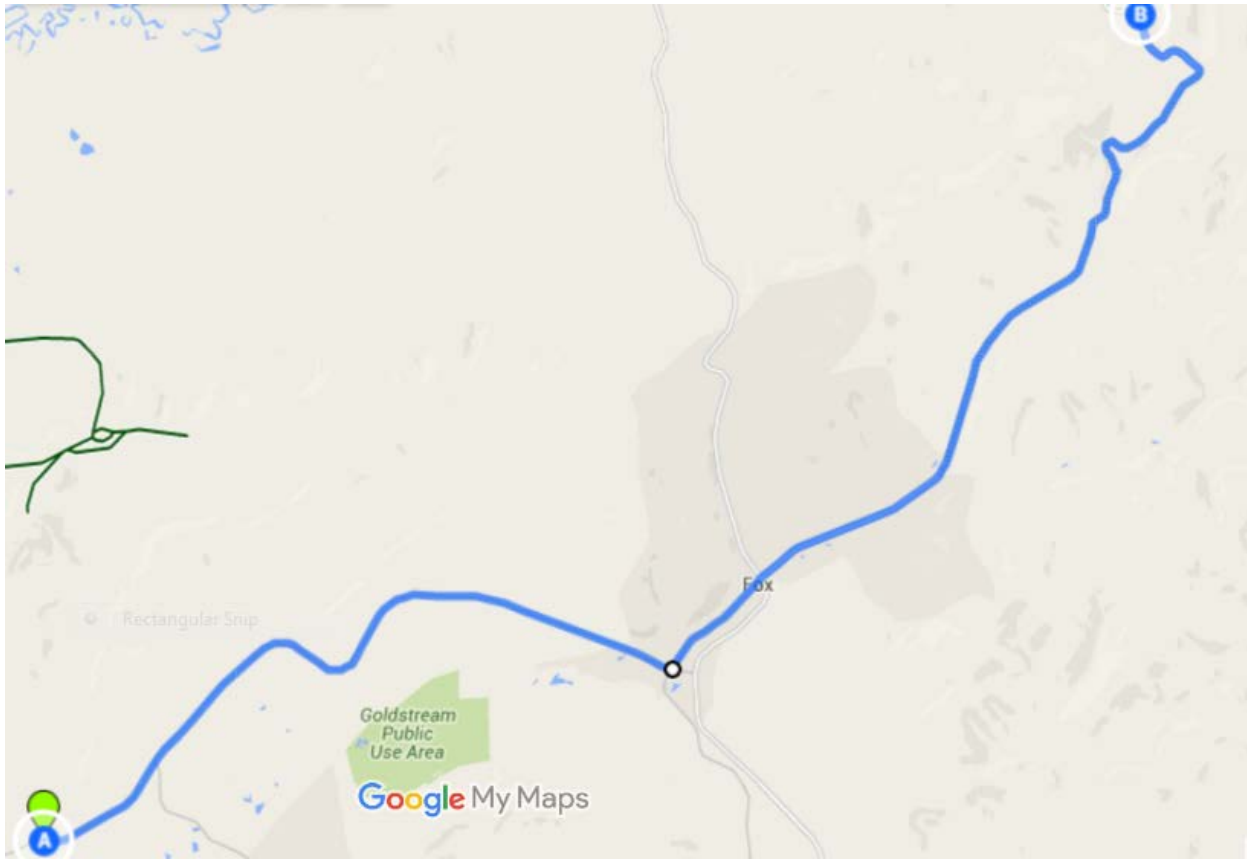
Notes: There are no feed zones on the course – no handups are permitted anywhere on the course. Start order will be based on GC, with the fastest riders going last. Day riders will start after GC riders in each class.

Parking: Parking will be at either Ken Kunkel Center or Ivory Jack’s
Facilities: Outhouses are available. Please help keep them clean. Water is also available.

Safety: This is an open course. Racers and fans, please stay well off the roadway once you are done. Please do not park on Goldstream Road.



Stage 5 Map



Sunday Sportif Map